



**NOT ENOUGH FOOD FOR YOUR FAMILY?  
NEED HELP COOKING HEALTHY FOOD ON A BUDGET?  
Dawson County Resources**

**SNAP** (Supplemental Nutritional Assistance Program, formerly known as Food Stamps)

- Go to [www.mfbn.org/gethelp](http://www.mfbn.org/gethelp) to find income guidelines and information on how to apply
- Questions? Need help applying? Call the Montana Food Bank Network at (406) 215-1773 or the statewide helpline at 1-888-706-1535

**Office of Public Assistance**

- 218 W. Bell Street #207, Glendive  
Phone: 1-888-706-1535  
Online: <http://www.dphhs.mt.gov/>  
Hours: Mon. – Fri., 8:00am – 5:00pm

**Food Pantries and Meal Programs**

- Dawson County Food Bank  
112 W Benham, Glendive  
Phone: (406) 939-0202  
Hours: Mon. – Fri., 10:00am – 1:00pm
- Prairie Development Center  
313 West Valentine St., Glendive  
Phone: (406) 670-1990  
Hours: 3rd Thurs. of each month, 1:00pm – 4:00pm  
Provides food to families in the community who are in emergency situations.
- Meals on Wheels  
207 W. Bell Street, Glendive  
Phone: (406) 377-5213  
Home delivered noon meals provided to senior citizens 60 and older.

**Nutrition Education and Cooking Classes:**

- The **Supplemental Nutrition Assistance Program – Education Program** (SNAP-Ed) provides hands-on nutrition education through a series of lessons on how to shop, cook, and eat well on a limited budget
- Go to [www.buyeatlivebetter.org](http://www.buyeatlivebetter.org) or call the Dawson County Nutrition Educators at (406) 377-4277

**Households with Children:**

If you are pregnant or have children under five in the household, you may qualify for **WIC**

- Go to [www.mfbn.org/gethelp](http://www.mfbn.org/gethelp) contact the Office of Public Assistance, or apply at the Glendive WIC office at 207 West Bell, Mon. – Fri., 8:00am – 12:00pm & 1:00pm – 5:00pm, (406) 377-5213

If you have children in school, they may qualify for **free or reduced price school meals**

- Go to [www.mfbn.org/gethelp](http://www.mfbn.org/gethelp) or ask your school for an application. You can apply at any time throughout the year!

Any child or teen, age 18 or under, can receive free food through the **Summer Food Service Program**

- Go to [www.fns.usda.gov/summerfoodrocks](http://www.fns.usda.gov/summerfoodrocks) to find a site near you, or text *Lunch* to 877-877

#### **Households with Seniors:**

If you are a senior 60+, you may qualify for a senior food program

- Holy Rosary Home Care  
2600 Wilson St, Miles City  
Phone: (406) 233-3810  
Assistance with home and community based services for seniors.
- Richey Senior Citizen Center  
South 4<sup>th</sup> St., Richey  
Phone: (406) 773-5694  
Email: [richeysr@middrivers.com](mailto:richeysr@middrivers.com)  
Provides noon meals, Mon. – Thurs. for a suggested donation.
- Sagebrush Alley Senior Center  
604 Grant, Glendive  
Phone: (406) 377-3791  
Provides noon meals, Mon. – Thurs. for a suggested donation.
- Senior and Long Term Care Division  
218 West Bell, Suite 205, Glendive  
Phone: (406) 377-6252  
This is the umbrella organization for government services for senior services.
- Sidney Health Center  
216 14<sup>th</sup> Ave SW, Sidney  
Phone: (406) 488-2100  
Assistance with home and community based services for seniors.

#### **Other Resources:**

- Download the Montana Eats app (available for Android only) for more information on food resources in Montana
- Visit [www.montana211.org](http://www.montana211.org) for information on a variety of resources and programs in Montana