



**NOT ENOUGH FOOD FOR YOUR FAMILY?  
NEED HELP COOKING HEALTHY FOOD ON A BUDGET?  
Fergus County Resources**

**SNAP** (Supplemental nutritional Assistance Program, formerly known as Food Stamps)

- Go to [www.mfbn.org/gethelp](http://www.mfbn.org/gethelp) to find income guidelines and information on how to apply
- Questions? Need help applying? Call the Montana Food Bank Network at (406) 215-1773 or the statewide helpline at 1-888-706-1535

**Office of Public Assistance**

- 312 Birch Street #1, Lewistown  
Phone: 1-888-706-1535  
Online: <http://www.dphhs.mt.gov/>  
Hours: Mon. – Fri., 8:00am – 5:00pm

**Food Pantries and Meals Programs**

- Central Montana Community Cupboard, 406-535-2015  
203 4<sup>th</sup> Avenue North  
Hours: Monday-Friday 9am-12pm
- Boys & Girls Club of Lewistown, 406-535-2257  
134 Park Street  
School year hours: Monday-Friday 3-7pm  
Summer hours: Monday-Friday 8am-5pm  
(Meals and programming for participating children)

**Households with Children:**

If you are pregnant or have children under five in the household, you may qualify for **WIC**

- Go to [www.mfbn.org/gethelp](http://www.mfbn.org/gethelp) or contact the Fergus County WIC office at 300 1<sup>st</sup> Avenue North, Lewistown, (406) 535-7488

If you have children in school, they may qualify for **free or reduced price school meals**

- Go to [www.mfbn.org/gethelp](http://www.mfbn.org/gethelp) or ask your school for an application. You can apply at any time throughout the year!

Any child or teen, age 18 or under, can receive free food through the **Summer Food Service Program**

- Go to [www.fns.usda.gov/summerfoodrocks](http://www.fns.usda.gov/summerfoodrocks) to find a site near you, or text *Lunch* to 877-877
- Program operates during the summer months only

**Households with Seniors:**

If you are a senior 60+, you may qualify for a senior food program

- Fergus County Council on Aging  
307 West Watson, Lewistown  
Phone: (406) 535-7486  
Online: [www.fcco.net](http://www.fcco.net)  
Hours: Mon. – Fri., 8:00am – 5:00pm

**Other Resources:**

- Download the Montana Eats app (available for Android only) for more information on food resources in Montana
- Visit [www.montana211.org](http://www.montana211.org) for information on a variety of resources and programs in Montana