



**NOT ENOUGH FOOD FOR YOUR FAMILY?
NEED HELP COOKING HEALTHY FOOD ON A BUDGET?
Glacier County Resources**

SNAP (Supplemental Nutritional Assistance Program, formerly known as Food Stamps)

- Go to www.mfbn.org/gethelp to find income guidelines and information on how to apply
- Questions? Need help applying? Call the Montana Food Bank Network at (406) 215-1773 or the statewide helpline at 1-888-706-1535

Office of Public Assistance

- 505 East Main, Cut Bank
Phone: 1-888-706-1535
Online: www.dphhs.mt.gov
Hours: Mon. – Fri., 8:00am – 5:00pm
- 121 First Ave., Browning
Phone: (406) 338-5131
Online: www.dphhs.mt.gov
Hours: Mon. – Fri., 8:00am – 5:00pm

Food Pantries and Meal Programs

- Blackfeet Food Bank
Old Eagle Shield Building
503 Pomini St., Browning
Phone: (406) 573-0145
Email: blkftdp@3rivers.net
Hours: Mon. – Fri. 8:00am – 12:00pm
 - Sagebrush Food Pantry (*Toole County*)
669 Park Ave., Shelby
Phone: (406) 434-5417
Hours: Mondays & Thursdays, 4:00pm – 6:00pm
 - Pondera County Food Bank (*Pondera County*)
220 S. Front St., Conrad
Phone: (406) 228-3960
Hours: Fridays, 9:00am – 11:00am
 - Martin City Food Bank (*Flathead County*)
Canyon Head Start Building
755 South Fork Road, Martin City
Phone: (406) 752-3663

Nutrition Education and Cooking Classes:

The **Supplemental Nutrition Assistance Program Education** (SNAP-Ed) provides courses on how to shop, cook, and eat well on a limited budget.

- Go to www.buycatlivebetter.org or call Glacier County Nutrition Educators at (406) 873-2239

Households with Children:

If you are pregnant or have children under five in the household, you may qualify for **WIC**

- Go to www.mfbn.org/gethelp or contact the Glacier County WIC Program office at 1210 E Main St, Cut Bank, Mon. – Fri., 8:00am – 12:00pm & 1:00pm – 5:00pm, (406) 873-2969

If you have children in school, they may qualify for **free or reduced price school meals**

- Go to www.mfbn.org/gethelp or ask your school for an application. You can apply at any time throughout the year!

Any child or teen, age 18 or under, can receive free food through the **Summer Food Service Program**

- Go to www.fns.usda.gov/summerfoodrocks to find a site near you, or text *Lunch* to 877-877

Households with Seniors:

If you are a senior 60+, you may qualify for a senior food program:

- Blackfeet Senior Citizens Center
5525 Haul Rd., Browning
Phone: (406) 338-7906
- Blackfeet Nation Eagle Shields Senior Center
603 Popimi St., Browning
Phone: (406) 338-7257
- Senior Citizens Center
715 East Main St., Cut Bank
Phone: (406) 873-2961

Other Resources:

- Download the Montana Eats app (available for Android only) for more information on food resources in Montana
- Visit www.montana211.org for information on a variety of resources and programs in Montana