



**NOT ENOUGH FOOD FOR YOUR FAMILY?
NEED HELP COOKING HEALTHY FOOD ON A BUDGET?
Stillwater County Resources**

SNAP (Supplemental nutritional Assistance Program, formerly known as Food Stamps)

- Go to www.mfbn.org/gethelp to find income guidelines and information on how to apply
- Questions? Need help applying? Call the Montana Food Bank Network at (406) 215-1773 or the statewide helpline at 1-888-706-1535

Office of Public Assistance

- 43 4th St. Columbus
Phone: 1-888-706-1535
Online: <http://www.dphhs.mt.gov/>
Hours: Mon. – Fri., 8:00am – 5:00pm

Food Pantries and Meal Programs

- Project Hope
428 Pike St., Columbus
Phone: (406) 322-8537
Mon., Wed., and Fri., 9:00am – 2:30pm, 1st Saturday of each month, 12:00pm 2:30pm

Households with Children:

If you are pregnant or have children under five in the household, you may qualify for **WIC**

- Call RiverStone Health WIC clinic to make an appointment in Columbus at (406) 322-4296 or at (406) 247-3344
- Contact the Montana State WIC office at 1-800-433-0239 or go to www.mfbn.org/gethelp for more information

If you have children in school, they may qualify for **free or reduced price school meals**

- Go to www.mfbn.org/gethelp or ask your school for an application. You can apply at any time throughout the year!

Any child or teen, age 18 or under, can receive free food through the **Summer Food Service Program**

- Go to www.fns.usda.gov/summerfoodrocks to find a site near you, or text *Lunch* to 877-877
- Program operates during the summer months only

Households with Seniors:

If you are a senior 60+, you may qualify for a senior food program or other services:

- Stillwater County is served by the Areas II Agency on Aging
1502 4th St. West, Roundup
Phone: (406) 323-1320
- Red Lodge Senior Center
207 S. Villard Ave., Red Lodge
Phone: (406)-446-1826
- Columbus Senior Center
1 S. Pratten St., Columbus
Phone: (406) 322-4627
- Stillwater Senior Citizen's Center
7 S. Woodard Ave, Absarokee
Phone: (406) 328-4869

Other Resources:

- Download the Montana Eats app (available for Android only) for more information on food resources in Montana
- Visit www.montana211.org for information on a variety of resources and programs in Montana