



**NOT ENOUGH FOOD FOR YOUR FAMILY?
NEED HELP COOKING HEALTHY FOOD ON A BUDGET?
Yellowstone County Resources**

SNAP (Supplemental nutritional Assistance Program, formerly known as Food Stamps)

- Go to www.mfbn.org/gethelp to find income guidelines and information on how to apply
- Questions? Need help applying? Call the Montana Food Bank Network at (406) 215-1773 or the statewide helpline at 1-888-706-1535

Office of Public Assistance

- 11 N. 31st St., Billings
Phone: 1-888-706-1535
Online: <http://www.dphhs.mt.gov/>
Hours: Mon. – Fri., 8:00am – 5:00pm

Food Pantries and Meal Programs

- Family Service, Inc.
1824 1st Avenue North, Billings
Phone: (406) 259-2269
Hours: Mon. – Fri., 8:00am – 5:00pm
- Montana Rescue Mission
2902 Minnesota Avenue, Billings
Phone: (406) 259-3800
Hours: 24/7; meals served Mon. Fri., 6:30am – 7:30am, 11:30am – 12:30pm, 4:00pm – 5:00pm
- Billings Food Bank
2112 4th Ave North, Billings
Phone: (406) 259-2856
Hours: Call or visit Mon. – Fri., 8:00am – 5:00pm, or apply online for a food box
- Billings Schools Teen Pantry Program (Students Only)
Billings Public Middle and High Schools
Hours: Mon. – Fri., 8:00am – 3:00pm
- Open Bible Christian Center (Youth Only)
Phone: (406) 646-4946
302 19th Street West, Billings
Childcare Hours: Mon. Fri., 8:00am – 6:00pm
Online: www.billingsopenbible.com
- Friendship House (Youth Only)
Phone: (406) 259-5569
3123 8th Avenue South, Billings
Hours: Mon. – Fri., 2:00pm – 5:00pm during school year, & 7:30am – 5:30pm during Summer

- Community Hope, Inc.
Phone: (406) 628-7281
204 Cedar Avenue, Laurel
Hours: Mon. – Fri., 9:30am – 3:30pm

Nutrition Education and Cooking Classes:

The **Supplemental Nutrition Assistance Program – Education Program** (SNAP-Ed) provides hands-on nutrition education through a series of lessons on how to shop, cook, and eat well on a limited budget

- Go to www.buycatlivebetter.org or call the Yellowstone County Nutrition Educators at (406) 869-3547

Households with Children:

If you are pregnant or have children under five in the household, you may qualify for **WIC**

- Go to www.mfbn.org/gethelp or contact the Billings WIC office at 123 South 27th St, (406) 247-3370

If you have children in school, they may qualify for **free or reduced price school meals**

- Go to www.mfbn.org/gethelp or ask your school for an application. You can apply at any time throughout the year!

Any child or teen, age 18 or under, can receive free food through the **Summer Food Service Program**

- Go to www.fns.usda.gov/summerfoodrocks to find a site near you, or text *Lunch* to 877-877
- Program operates during the summer months only

Households with Seniors:

If you are a senior 60+, you may qualify for a senior food program:

- Adult Resource Alliance of Yellowstone County
1505 Avenue D, Billings
Phone: (406) 259-9666
- Billings Senior Citizens Center
360 North 23rd St, Billings
Phone: (406) 657-3050
- Southside Senior Center
901 South 30th Street, Billings
Phone: (406) 256-6413
Hours: Mon. – Fri., 10:00am – 3:00pm
- Billings Food Bank
2112 4th Ave North, Billings
Phone: (406) 259-2856
Call for information about Senior Commodity Program

Other Resources:

- Download the Montana Eats app (available for Android only) for more information on food resources in Montana
- Visit www.montana211.org for information on a variety of resources and programs in Montana